

Equipped to raise children efficiently

A workshop on life skills was conducted at **Arvind Gupta DAV Centenary Public School, Model Town** for the parents of the pre-school children under the guidance of principal Mala Sood and Nursery supervisory head Sonu Sahni. The purpose was to acquaint parents about how they could elevate their ways of tending to their kids and inform them that they were the first teachers of the child.

The school counsellor explained about ways children could foster good habits. She also shed light on why it was important to



spend quality time with children rather than luxuriating them with television or with other smart gadgets. The teachers of the Nursery department performed a small skit to depict everyday

situations one faces and how kids were influenced. A medical in-charge also conducted a session on healthy eating habits, punctuality, cleanliness and its significance for children.